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REMINDERS TO PARENTS

- We are closed for the Holidays from November 22 - 25
- No company practice on 11/25/06
- Company practice will be held on Sunday, November 26, 2006 3:00 - 7:00 p.m.
- Please pay any outstanding balances related to dance classes, company uniforms, and company activity fees.
- **MANDATORY REHEARSALS** for all company members between now and when we leave for Tennessee!

Harambee Dance Company

Andrea Nalls – Artistic Director
Shalay Johnson – Founder & Associate Artistic Director

Dancers (listed in alphabetical order)

- | | | |
|---------------------------|-------------------|------------------|
| • Jaquelle “Kelly” Blythe | • Maryah Fields | • Rian Maxwell |
| • Aaminah Brown | • Jasmine Gray | • Kerleah Moise |
| • Bryanna Brown | • Kamil Haymon | • Kiva Perry |
| • Nyeepha Carroway | • Andreana Henry | • Shannon Phelps |
| • Terrace Colvin | • Jasmine Johnson | • Sara Phillips |
| • Paris Copeland | • Niya Johnson | • Sage Shepherd |
| • Taylor Crocker | • Shalay Johnson | • Lauren Thomas |
| • Stephanie Derrick | • Janelle Martin | • Kayla Ward |

Healthy Eating Promotes a Healthy Body

On November 11, 2006 our dancers were encouraged to take part in maintaining healthy eating habits between now and competition. While each dancer was provided with a list of foods that are “no-no’s”, this should only be used as a guide. Similar foods high in sugar content should be avoided, also. Sugars zap dancers of their energy/stamina. Our primary goal is to teach dancers that they will feel much better, athletically, if they eat foods low in sugar. Parents can be helpful by purchasing fruits and vegetables that can be substituted for sugary snacks.



Miss our last
Parent
Meeting?

Turn to pages 2-3
for a copy
of the meeting agenda
and some key notes!

Healthy Eating
November 11 - December
11

1-Day break
Thanksgiving Day
(enjoy)



Parent Meeting Agenda and Minutes

September 23, 2006

1. Introduction of Teachers

- * Andrea Nalls - Artistic Director
- * Ann Smith - Assistant Artistic Director
- * Shalay Johnson - Founder/Associative Artistic Director

2. Casting and Rehearsals

Casting:

- * About 24 dancers chosen for Harambee Dance Company - all did quite well
- * Harambee hopes to round out the company with 30 dancers; no additional, open auditions will be held; the 6 additional dancers will come from those who are currently taking classes at Phusion
- * Parents may have noted that the dancers chosen may be at different levels of ability
 - Harambee is interested in recruiting individuals who understand that dance is about talent, enthusiasm, and the drive to want to succeed/perform to the best of their ability

Rehearsals:

- * Mandatory!
- * If a dancer misses regular dance classes, they will not be allowed to attend Company practice for that week

3. Rules and Regulations

Dancers:

- * Any dancer in Harambee is required to take dance classes at Phusion
- * Company members are required to take a ballet class, a jazz class, and a modern class. Dancers are encouraged to take additional classes in tap and hip/hop or crank.
- * Dancers should wear appropriate attire for each dance class (please see Phusion handbook) - NO LOOSE FITTING SHORTS (teachers need to be able to see a dancers form). Please buy appropriate jazz shorts.
- * Hair should be worn in a bun-like fashion for dance classes (teachers will let dancers know if they to let their hair down).
 - If a dancer wears a scarf to class - please make sure that the scarf is black
 - If a dancer wears rubberbands in their hair - please make sure that the bands are black (NO COLORED BANDS)
- * Dancers should be respectful of teachers and peers by arriving to class on time
- * Dancers should become familiar with dance terminology (Ms. Ann Smith has given each girl a copy of basic dance terminology. If a second copy is needed, please see her).
- * Dancers should carry their dance shoes and any additional dance attire within an appropriate dance bag. This bag should include the following:
 - all dance shoes (at any time a teacher may request that the dancer change in to a different shoe in order to practice a particular dance style)
 - a small sewing kit to mend shoes quickly (if necessary)

Parents:

- * Parents are expected to come in to the studio to drop off /pick up their dancer
 - please sign your dancer in / out
 - ensures that parents will view any notes penned on the parent information board (Stay Informed)

(Continued on page 3)

(Continued from page 2)

4. Tentative Competition Schedule

- * Phusion strives to provide girls access to both competitive opportunities and chances to participate in dance workshops at each venue. Therefore, those sites chosen include both.
- * New York City Dance Alliance - Nashville, Tennessee. December 9-10, 2006
- * On Stage New York - Atlanta, Georgia. February 24 - 25, 2007.
- * New York City Dance Alliance - Atlanta, Georgia. March 10 - 11, 2007
- * Hall of Fame Dance Challenge - Atlanta, Georgia. April 11 - 13, 2007 (*)
- * Jump - Atlanta, Georgia. April 20 - 22, 2007.

5. Finances and Fundraising

Finances:

- * Tuition due first of the month
- * Activity fees due the 15th of each month
- * Uniform fee due October 15, 2006 - \$75.00

Fundraising:

- * Fundraising Co-Chairs needed
 - * Fundraising ideas and submissions
 - raffle
 - dancer/family will be responsible for selling 100 tickets
 - each ticket is \$1.00
 - winner will receive \$100.00
 - raffle will end the weekend before Halloween
 - talent showcases
 - advertise that a "talent show" will be held
 - participants will be charged \$25.00 to enter the "talent show"
 - may be held at a local school site
 - sponsorships (both individual and corporate)
 - individual - family members, neighbors, etc... may be willing to sponsor your daughter/son
 - corporate - had sponsors in the past, however, the company / parents were not knowledgeable about how to show appreciation and gratitude. Corporation pulled out. Harambee would be open to trying to develop a new corporate relationship, with parent/dancer support.
 - Other ideas???
- (please let us know of any additional thoughts that you may have - we always welcome creative/novel ideas)

6. Volunteer Opportunities

- * Drivers - needed for each trip (dads especially wanted)
- * Costume Design and Maintenance
 - Donna has volunteered to take the lead; she would like additional parent support. Donna is interested in sewing costumes and sewing material in to each outfit for girls who require better support in the upper area)
- * Construction
- * Advertising
- * Communications
 - Marilyn and Toni have volunteered to work together to get information to parents, as requested.
 - there is a need for a parent to take the lead in running the meetings!

7. Additional Comments from Parents

- * Feedback provided to dancers
 - please do so 1:1 in private vs. in front of the entire class (some dancers can be quite sensitive)



Tennessee: Here We Come!

Company Uniforms

Uniforms have been ordered! They will probably be given out at the last rehearsal before we head for Tennessee. Don't worry about fit—we will have the girls try on the uniforms before that last rehearsal so that adjustments/alterations can be made.

Chaperones Needed

The Tennessee trip will require several parents to drive and to chaperone. We have reserved enough rooms to sleep 4 girls in each room (there will be two double beds per room). We want to place a mom in each room. Parents will be expected to bring a sleeping bag. These moms will not have to pay for the room, but they will be required to pay for all meals. Thank you for your support!

Information at a Glance

When is the company leaving?

- Saturday, December 9, 2006
1:00 a.m. (meet at Phusion)

When is the company scheduled to arrive in Tennessee?

- Saturday, December 9, 2006
about 5:00 a.m.

Where is the company staying?

- The Clubhouse Inn -
Nashville

Cost per room/per night?

- \$75.00 per night
- Complimentary full, hot

breakfast provided

What about breakfast?

- Once we get in to Tennessee we will have breakfast
- We will get to the hotel by 7:15 a.m.

What will the company do first?

- The company will be required to get in at least a full half hour of warm-ups before all of the other participants arrive for the general warm-up period.

What will the company be participating in?

- Every girl is signed up for the full workshop schedule (this includes the competitions, the workshops, and the scholarship activities—where dancers have the opportunity to raise funds that will go towards the next competition)

When is the company heading back for Georgia?

- Sunday, December 10, 2006 (time?) (meet at Phusion to pick up your child)

Modern Dancers

(ready to compete)

Congratulations to the following dancers who have been chosen to take part in the modern dance:

Bryanna	Janelle	Jasmine
Kelly	Rian	Niyah
Nyeepha	Shalay	Stephanie

In order to become better prepared, we will be holding additional practices between now and December 9, 2006. Please review the calendar. Rehearsals are mandatory! So, get ready for some intensive workouts.

Showcase Dancers

(chosen at each age level)

Showcase Dancers are expected to take every class and learn all choreography. Just before the finale dance instructors will announce which dances will be performed, so our girls will be expected to know all choreography in order to do well. Harambee instructors have identified key areas for each dancer to address over the next few weeks. Parents are asked to support their daughters in fine-tuning these skills. Congratulations to all!

<u>Mini</u> - Taylor	<u>Junior</u> - Lauren
<u>Teen</u> - Bryanna	<u>Senior</u> - Janelle

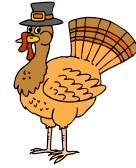
Packing for Competitions



Each time we get ready for a road trip we seem to end up with extra luggage to squeeze in to the car. Why? It seems that the dancers always decide to bring along some extra clothes (just in case they get the chance to run to the mall). Well, this is not going to happen. We will be busy in workshops and competitions the entire weekend.

So, what should each dancer pack? Outside of toiletries, grooming items, and basic underwear, dancers should pack their Harambee uniform and the clothes that they need to dance in, only. To help ensure that their items do not get lost, please have each dancer label all of their possessions.

NOVEMBER 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Company Sleep Over 7:00 p.m. meet at Phusions 7:00 p.m.	4 Company Practice 5:00 - 8:30 p.m.
5	6	7	8	9	10	11 Company Practice 5:00 - 8:30 p.m.
12	13	14	15	16	17	18 Company Practice 5:00 - 8:30 p.m.
19	20	21	22	23 CLOSED Happy Thanksgiving	24 CLOSED	25 CLOSED
26 Company Practice 3:00 - 7:00 p.m. Mandatory Parent Meeting 3:00 p.m.	27 Modern Dance Practice 6:00 - 8:30 p.m.	28	29 Company Practice 6:00 - 8:30 p.m.	30		

NOTES:

DECEMBER 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Modern Dance Practice 6:00 - 8:30 p.m.	2 Company Practice (time to be determined)
3 Company Practice 3:00 - 7:00 p.m.	4 Modern Dance Practice 6:00 - 8:30 p.m.	5	6 Company Practice 6:00 - 8:30 p.m.	7	8 Company Packs for competition	9 Company Leaves for Tennessee
10 Company Leaves from Tennessee	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOTES: